

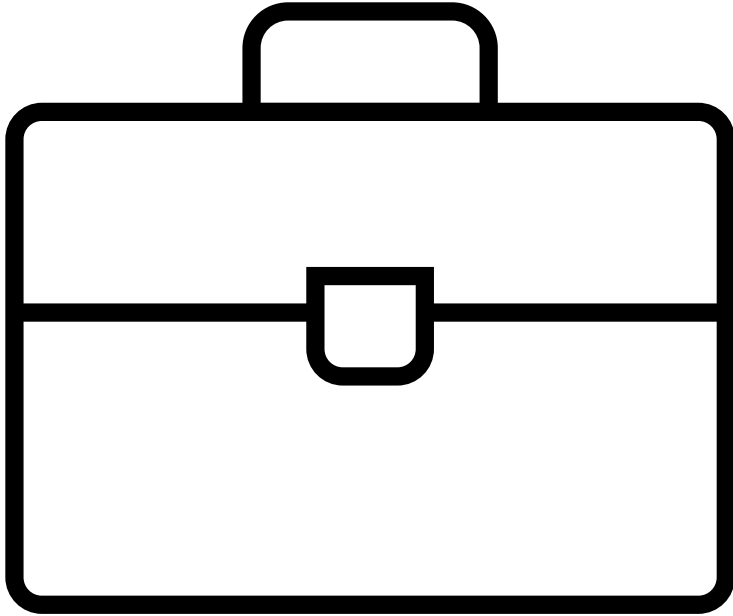
Real-Time Insights: Analysis of Job Posting Data in New Jersey 3rd Quarter 2026

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**NJDOL - Office of Research & Information
Division of Economic & Demographic Research
October 2026**

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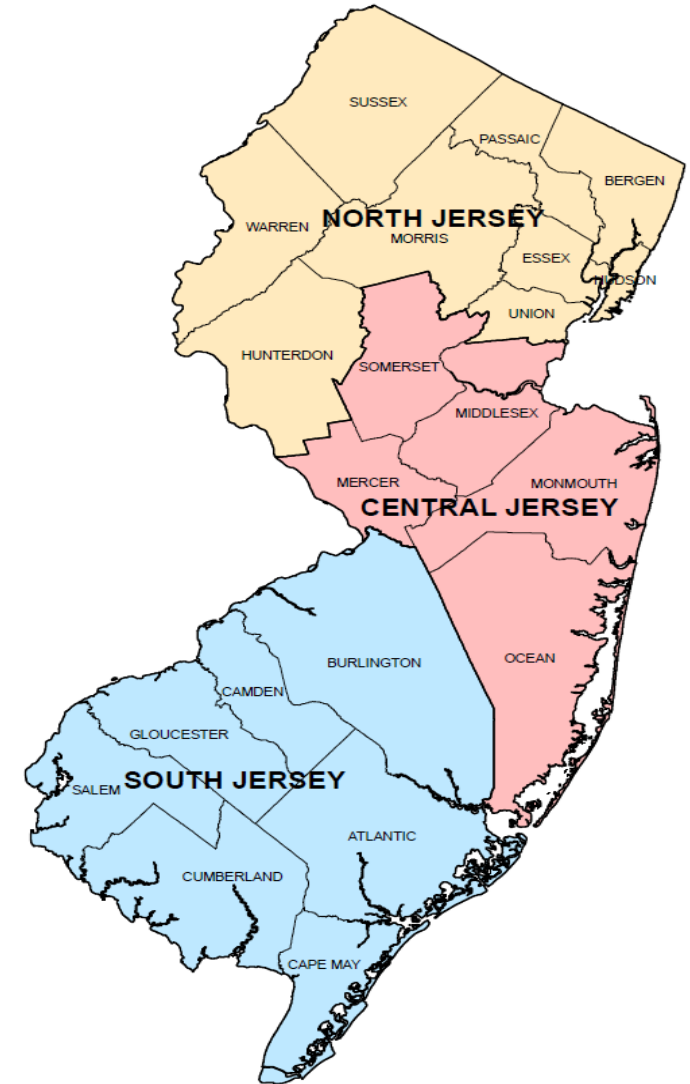


Real-Time Insights: Analysis of Job Posting Data in New Jersey

- This report highlights job postings at the state and regional level.
- The report includes data from July 2026 to September 2026.

Real-Time Insights: Analysis of Job Posting Data in New Jersey Continued

- This report breaks down job postings by three regions based on metropolitan statistical areas defined by Office of Management and Budget :



Real-Time Insights: Analysis of Job Posting Data in New Jersey Continued

Job Posting Data Breakdown

- Top Employers
- Key Occupations
- In-Demand Skills
- Major Cities



Key Findings: New Jersey shows a diverse mix of job postings across multiple regions and industries

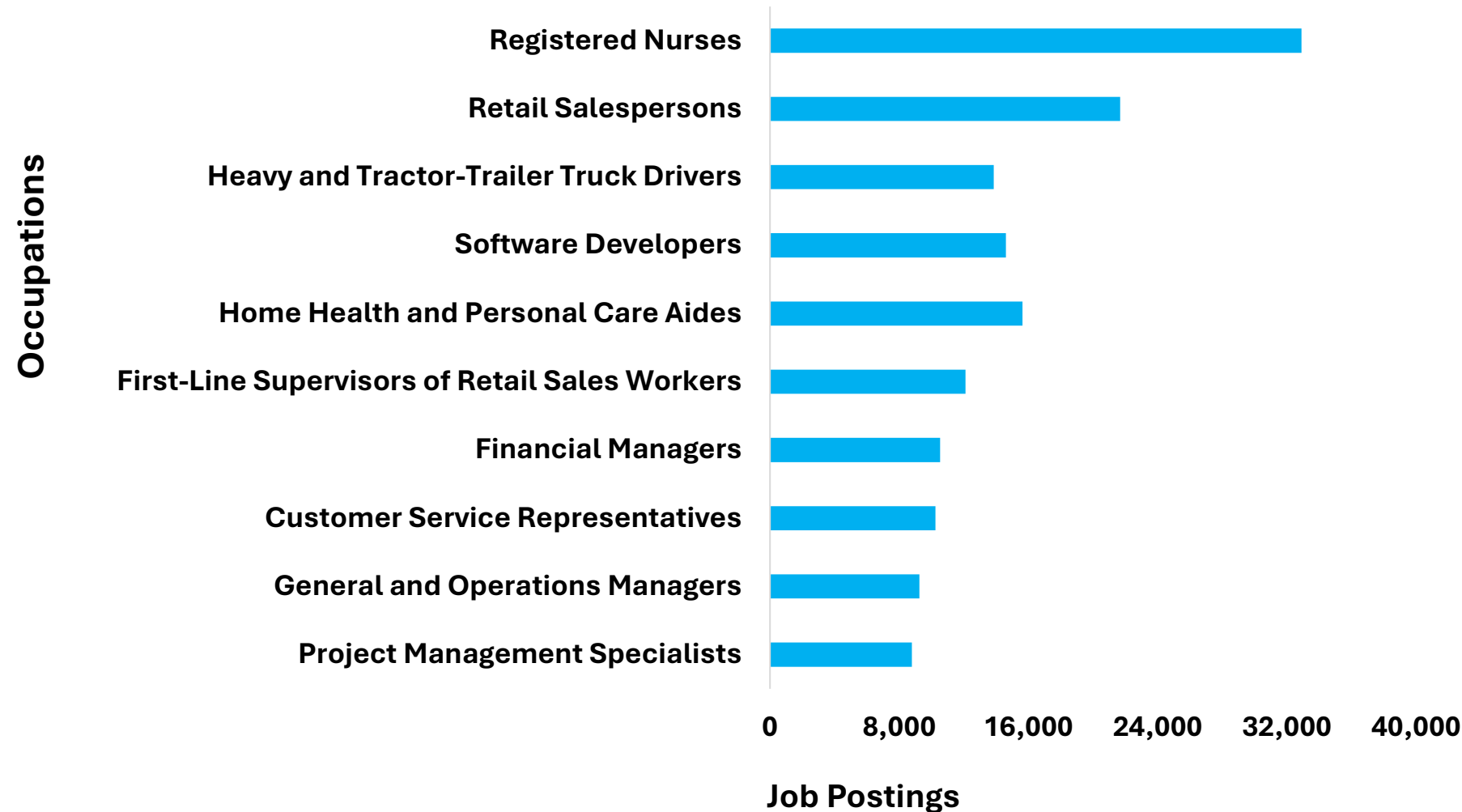


Bergen County had the most job postings in the state, followed by Hudson and Middlesex Counties. These three counties have the highest population and employer density in the state.

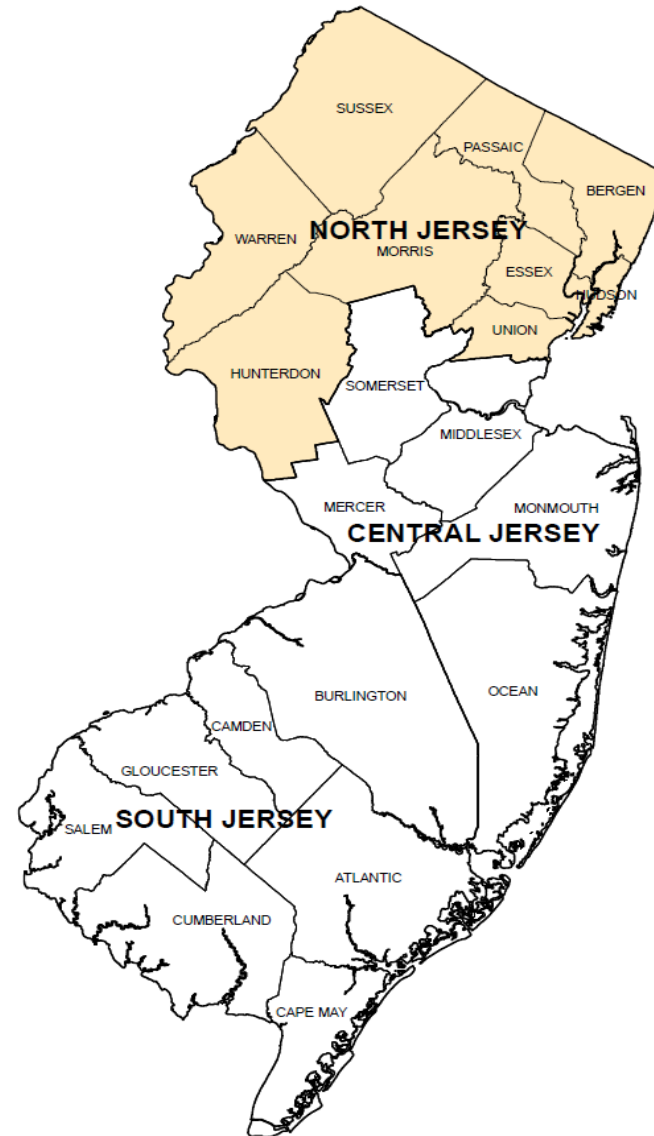


The two most populous cities in the state, Jersey City and Newark had the most job postings at the municipal level.

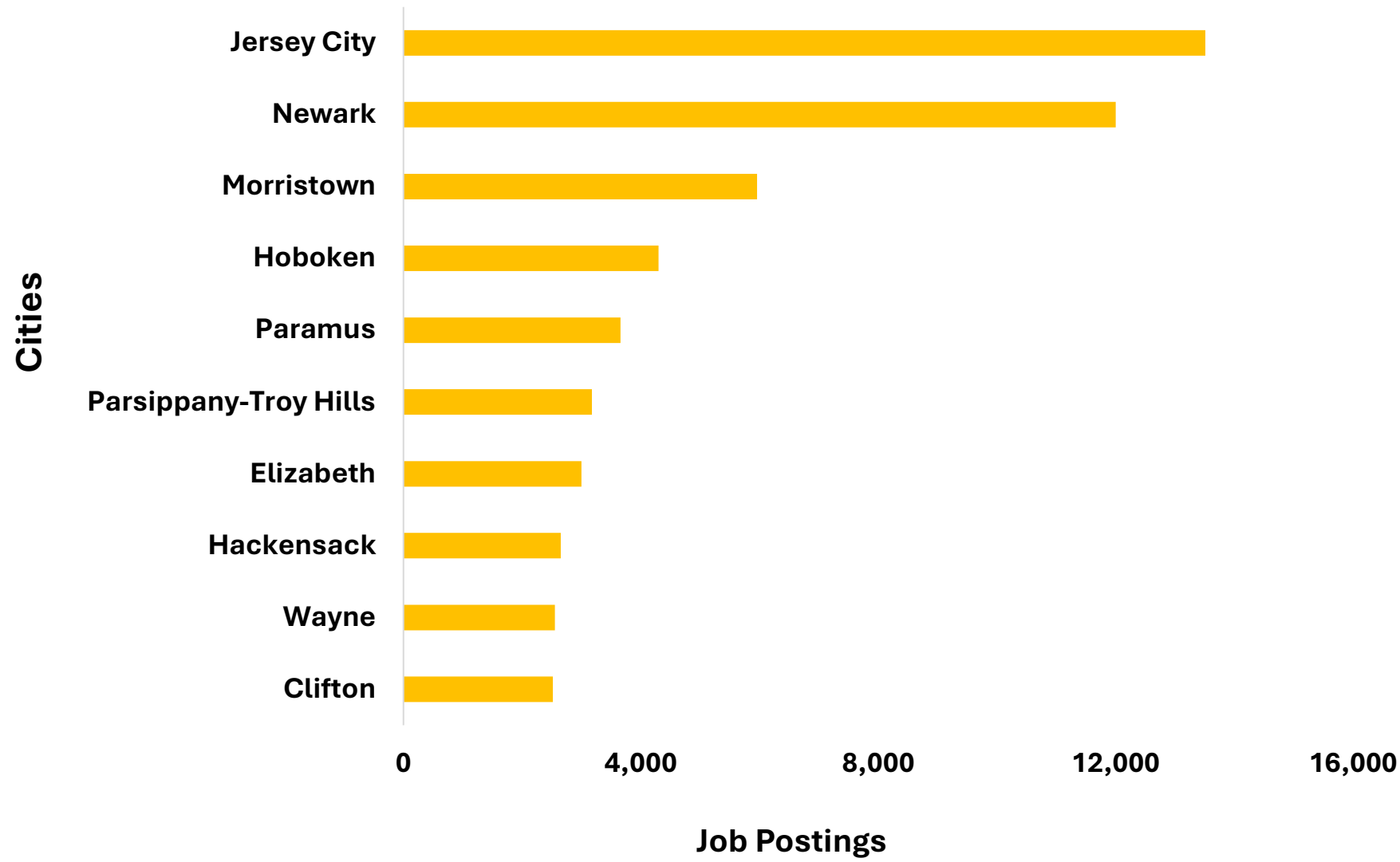
Registered nurses, retail salespersons, and truck drivers had the highest number of job postings statewide



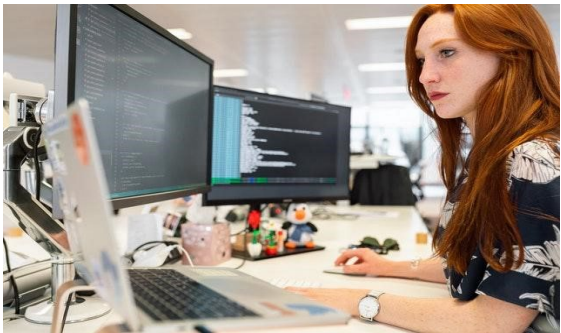
Northern Region



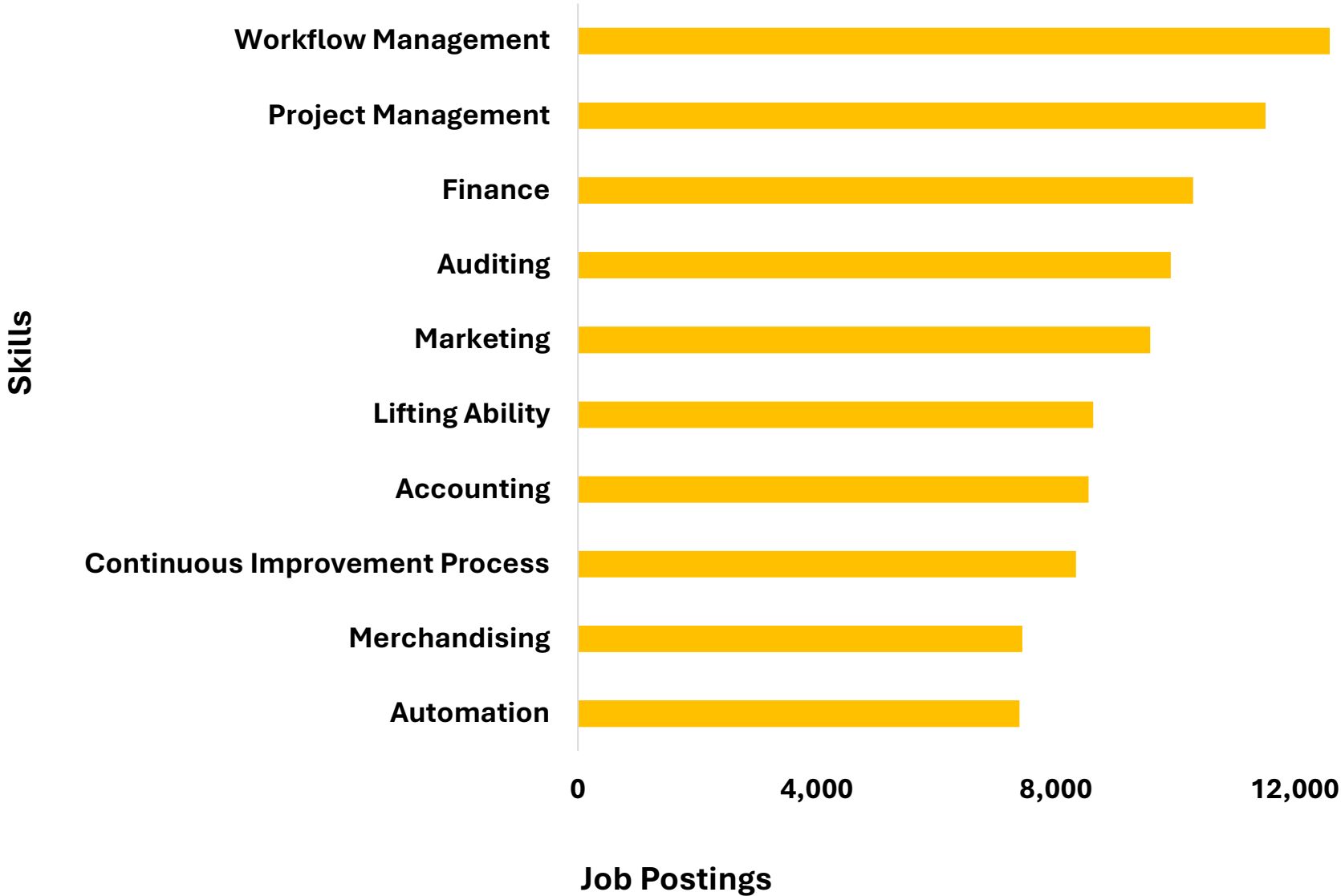
Jersey City, Newark and Morristown recorded the highest number of job postings in the Northern Region



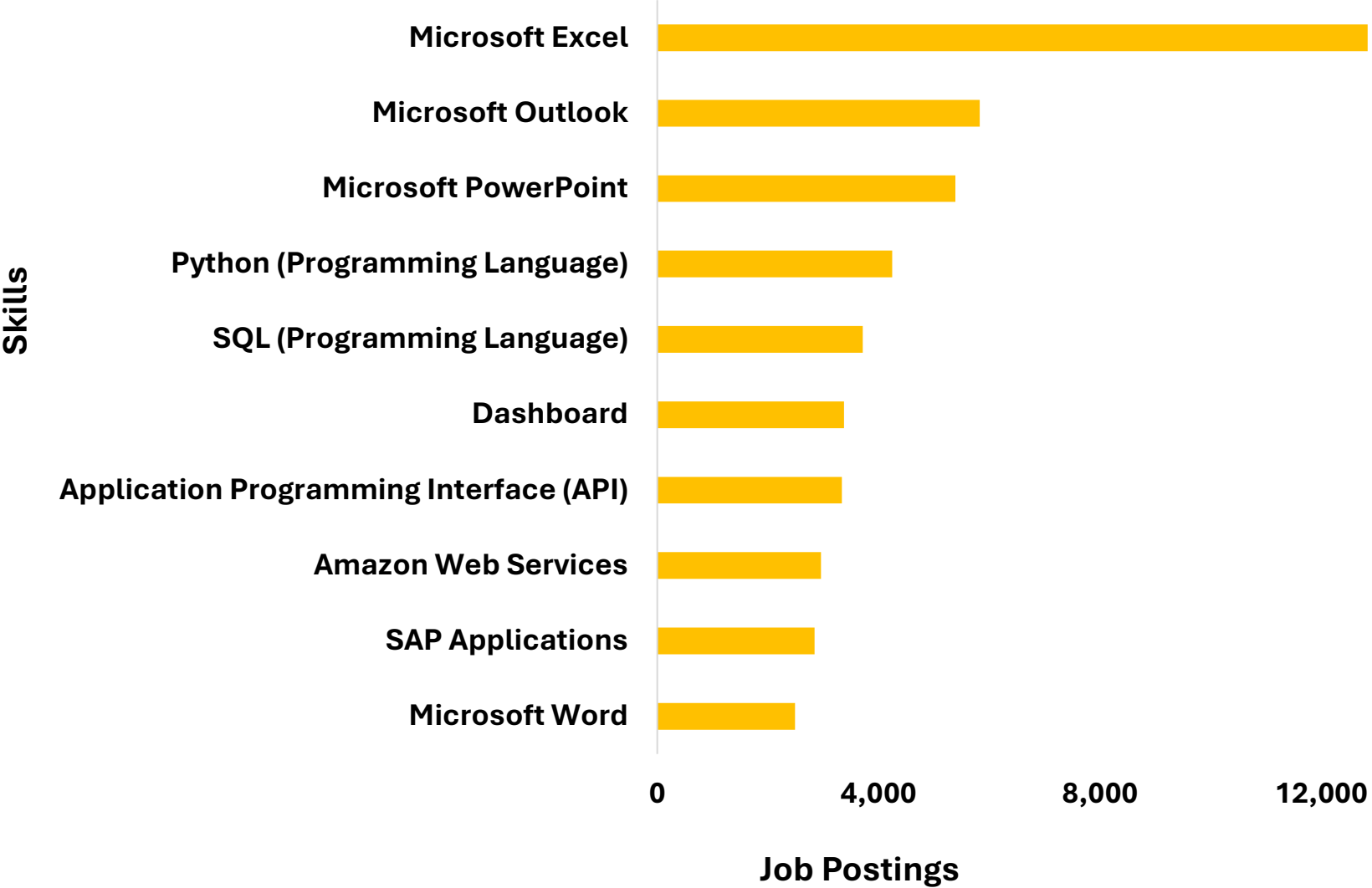
Registered nurses, software developers and retail salespersons positions and had the most job postings in the Northern Region



Workflow management, project management and finance were the most sought-after skills in the Northern Region



Microsoft Office Suite and programming languages are the most requested software skills in job in Northern Region

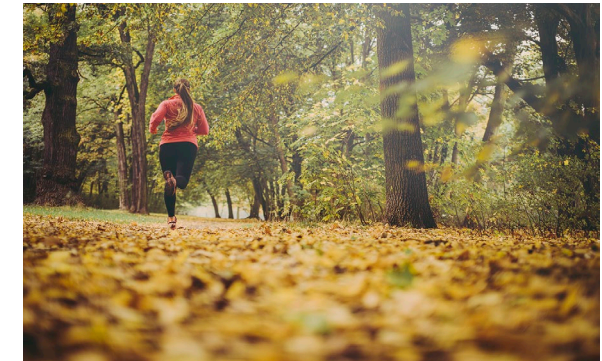
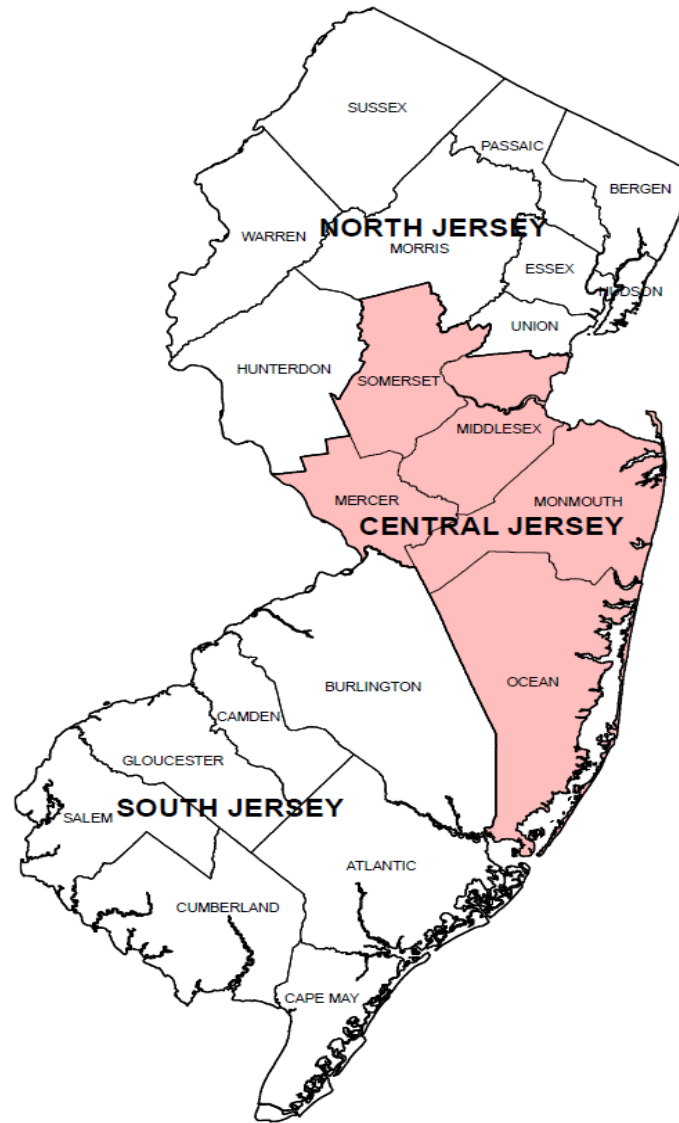


Top 10 Employers by Job Postings: Northern Region

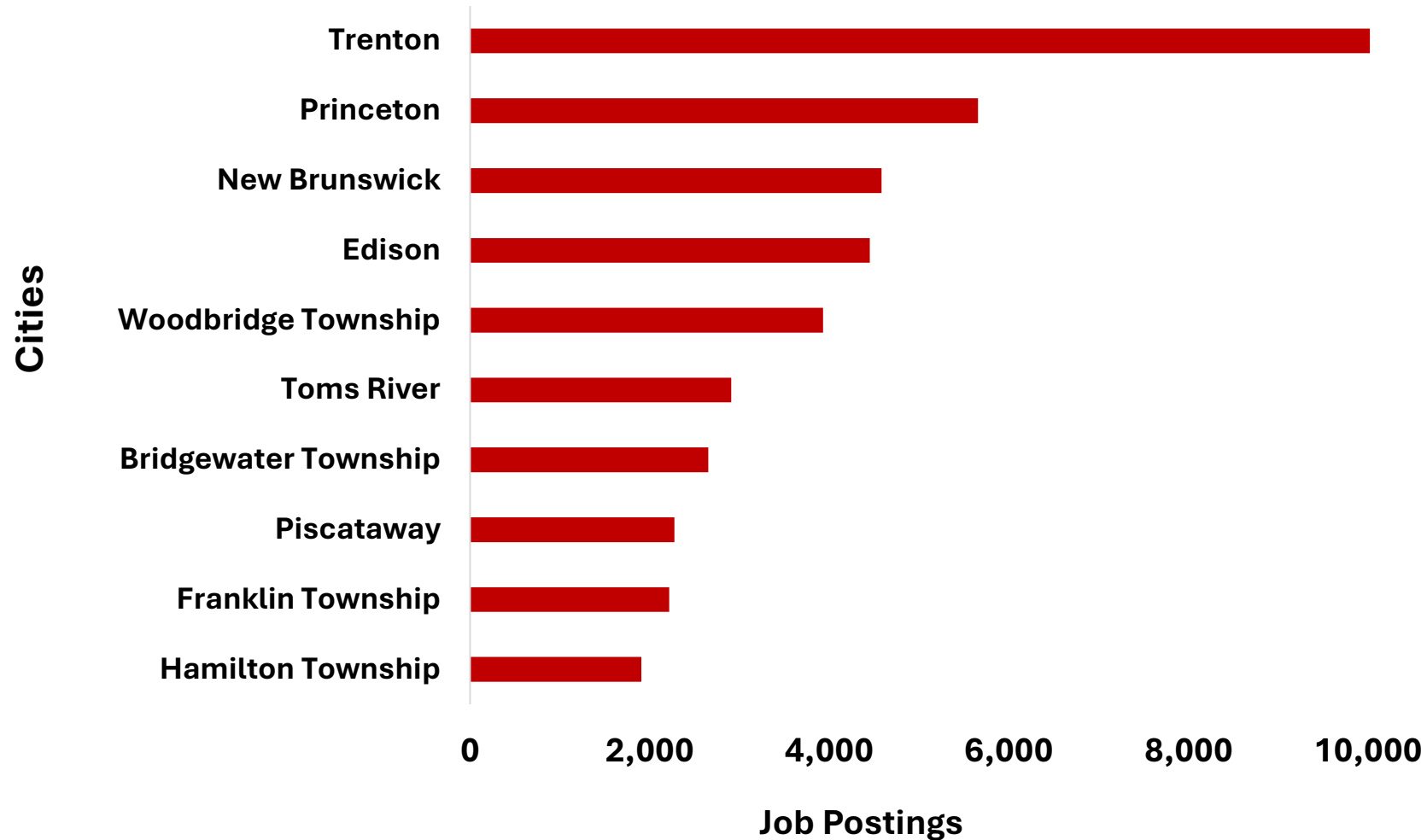
- Atlantic Health System
- JPMorgan Chase
- Merck
- Accenture
- Deloitte
- CVS Health
- RWJBarnabas
- Aerotek
- Hackensack Meridian Health
- Allied Universal



Central Region



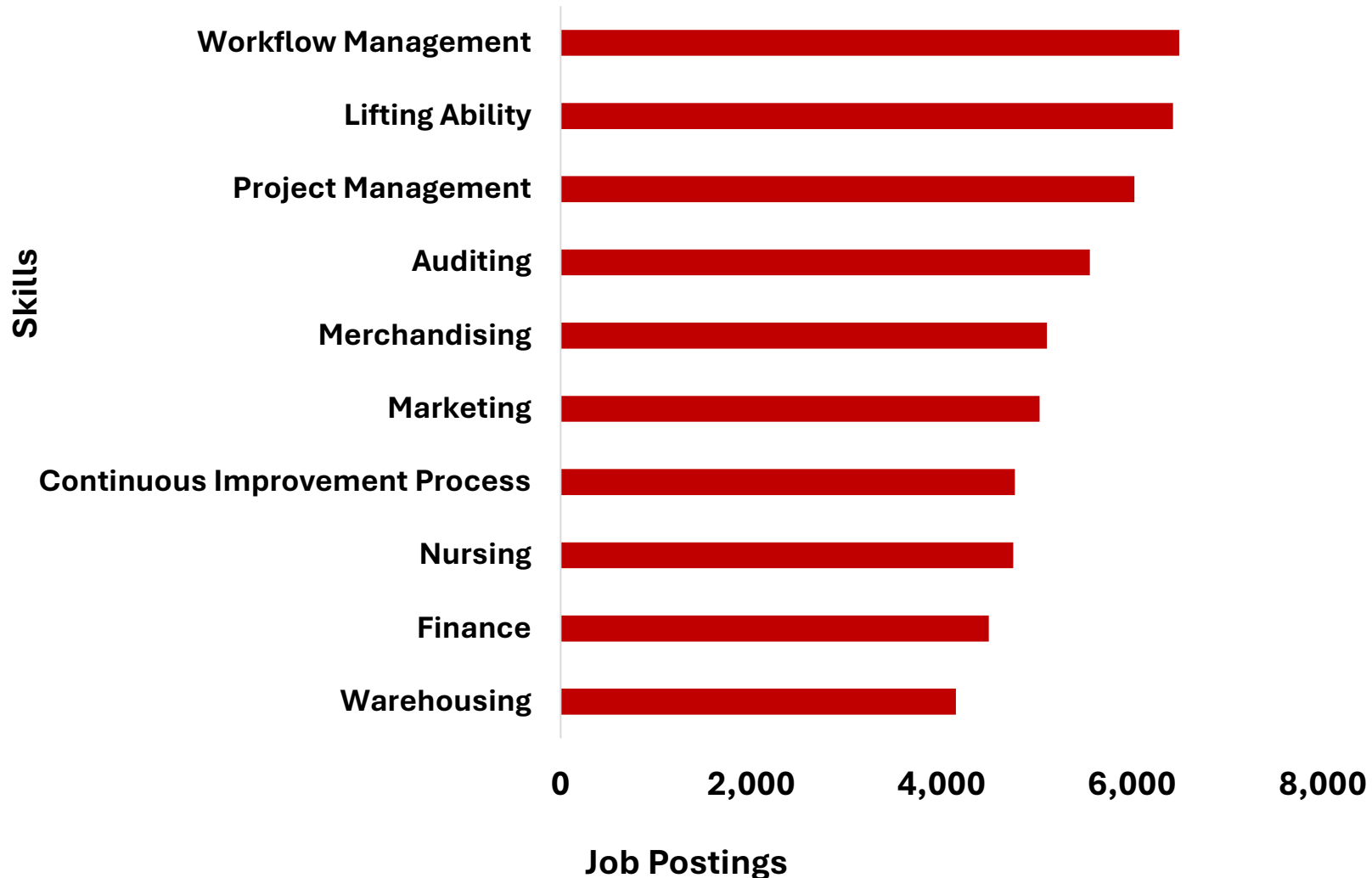
Trenton, Princeton and New Brunswick had the highest number of job postings in the Central Region



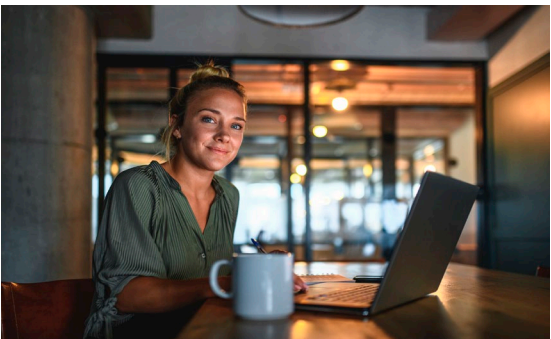
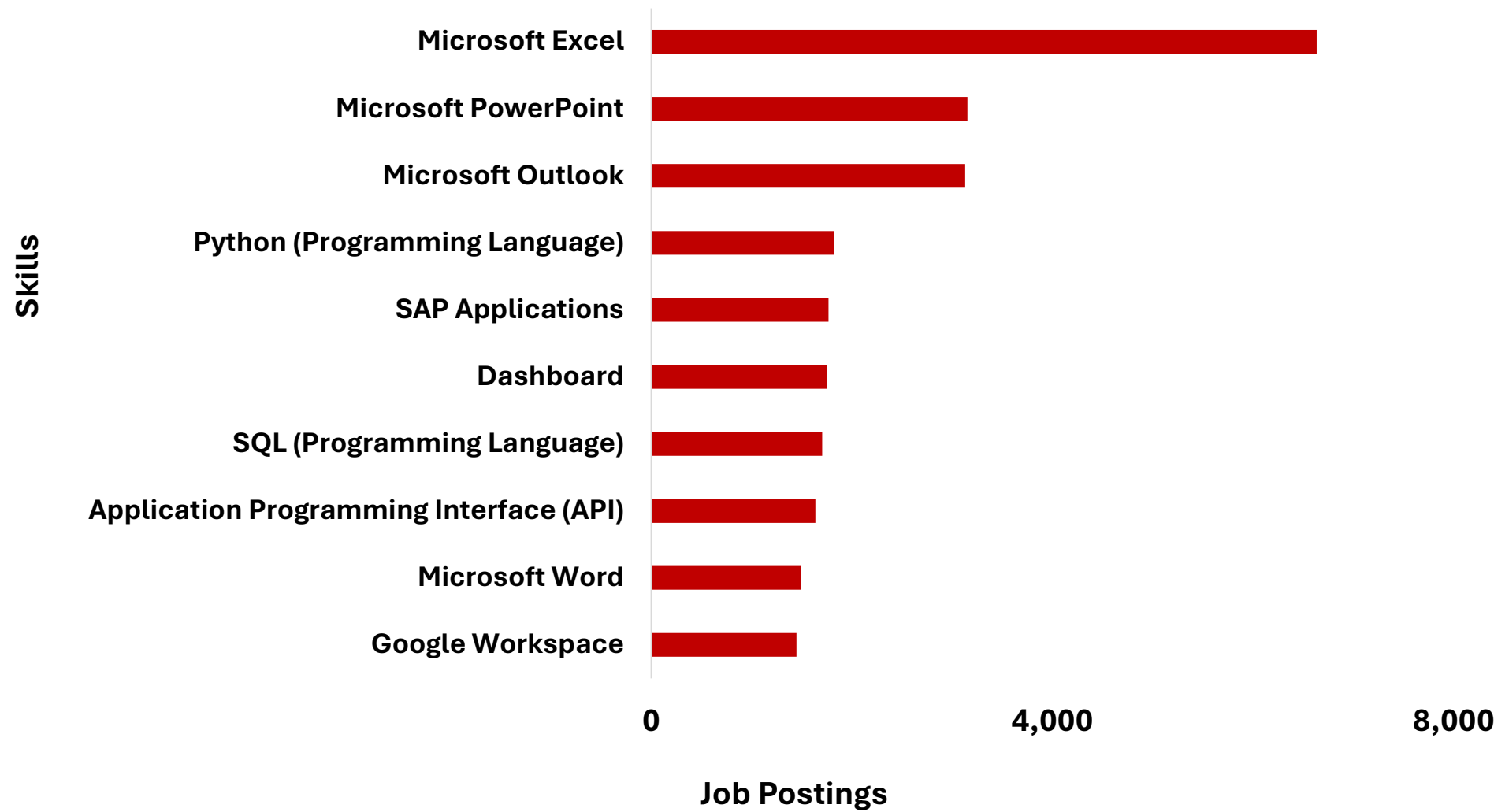
Registered nurses, retail salespersons and truck drivers had the most job postings in the Central Region



Workflow management, lifting ability and project management were the most sought-after skills in the Central Region

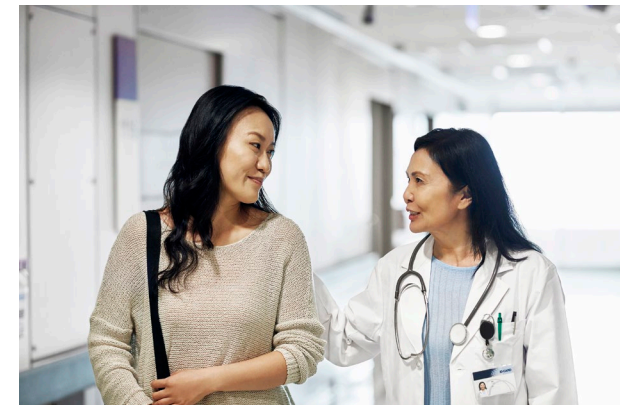


Microsoft Office Suite and programming languages are the most requested software skills in the Central Region

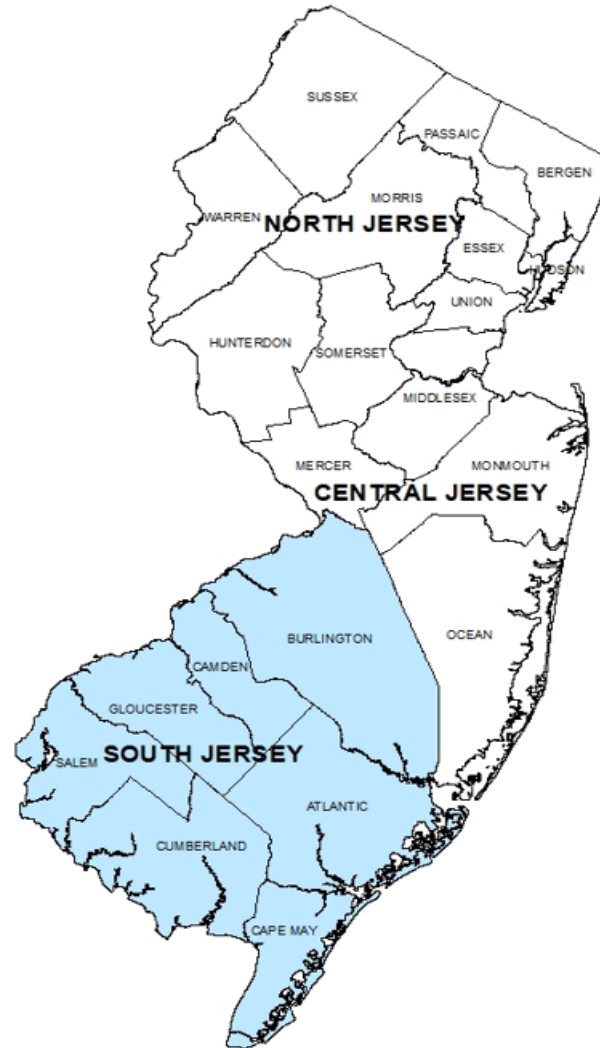


Top 10 Employers by Job Postings: Central Region

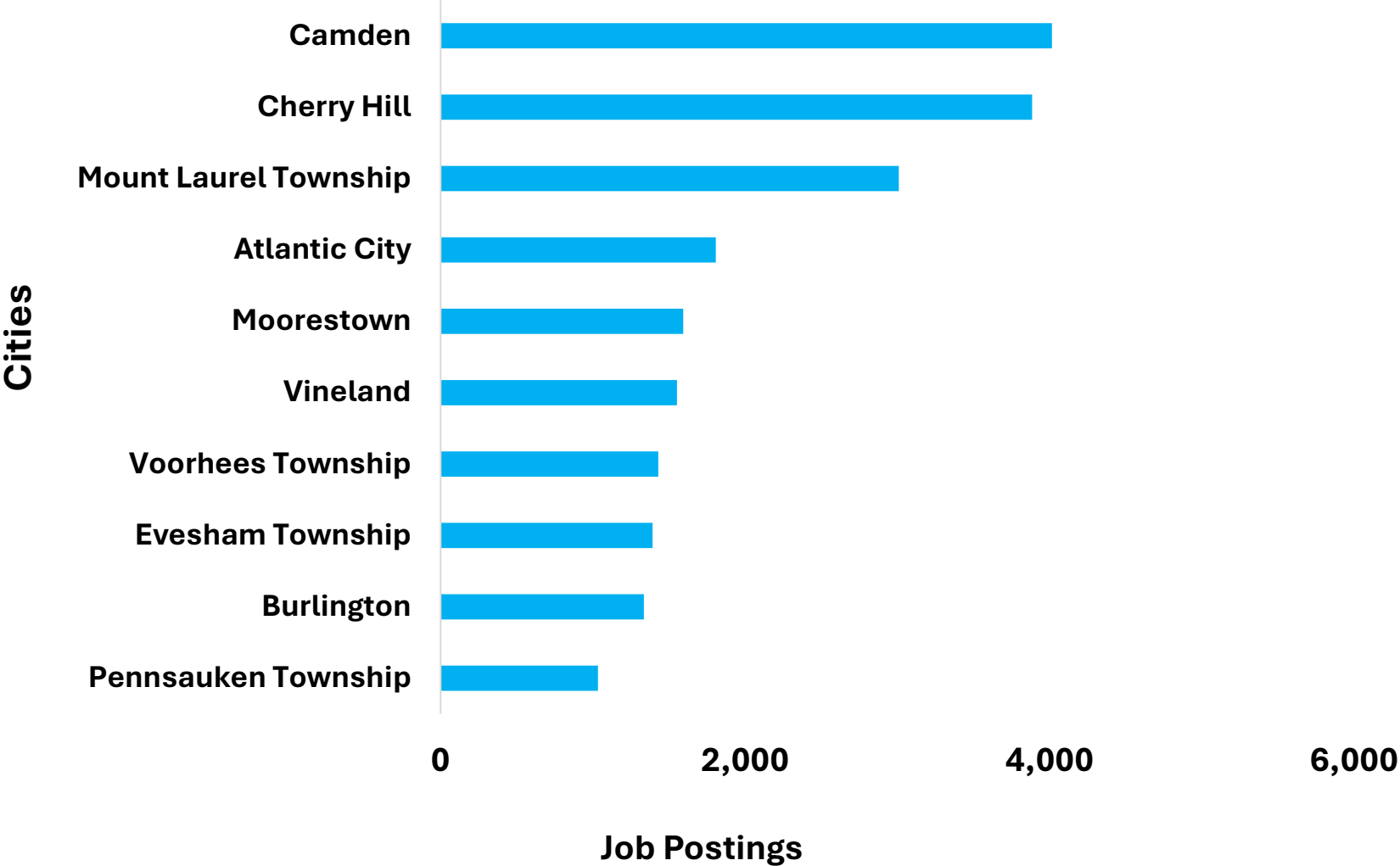
- Hackensack Meridian Health
- Rutgers University
- RWJBarnabas Health
- Johnson & Johnson
- Ernst & Young
- CVS Health
- Bristol-Myers Squibb
- Cognizant Technology Solutions
- Aya Healthcare
- Walgreens



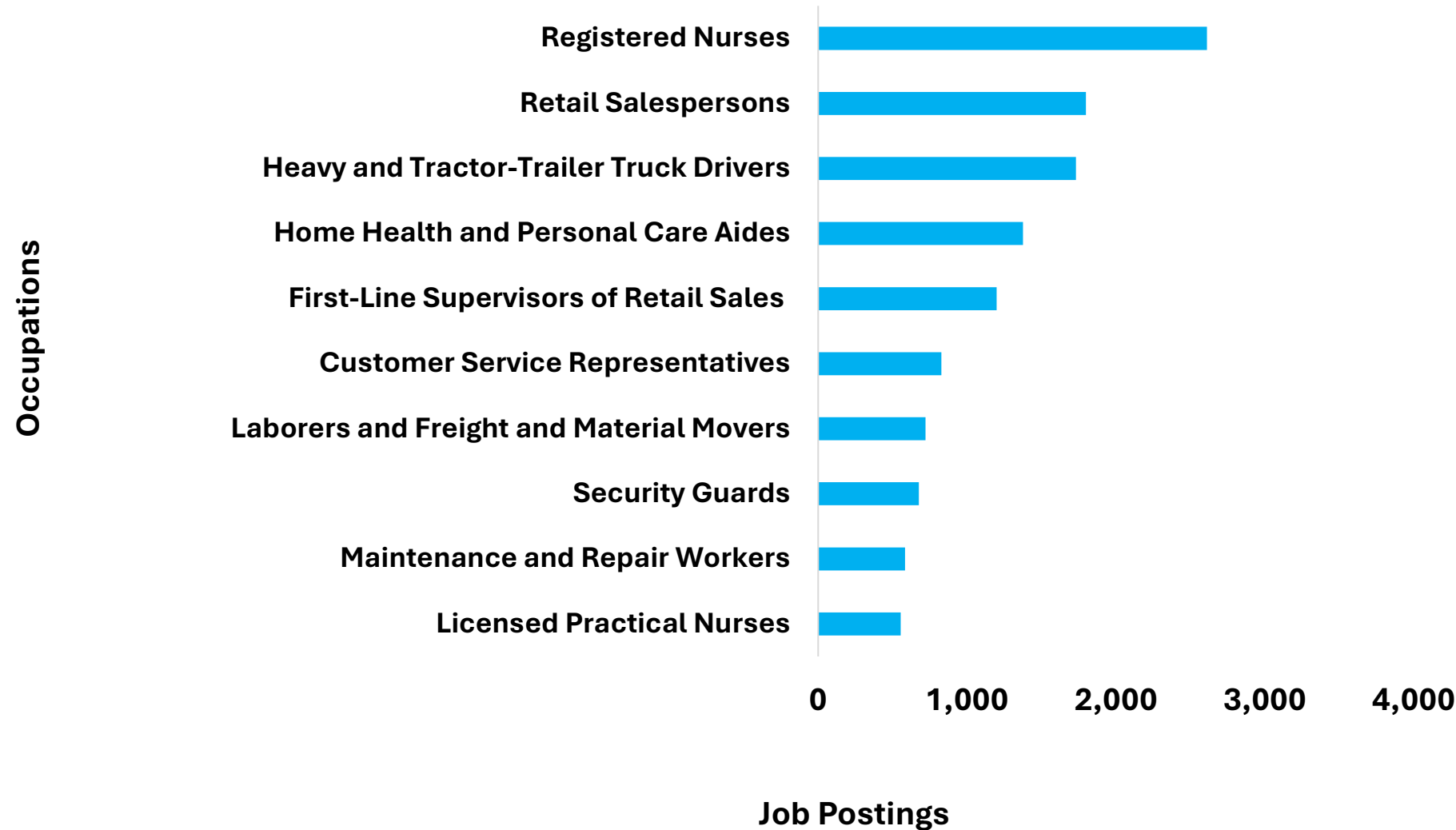
Southern Region



Camden, Cherry Hill and Mount Laurel had the most job postings in the Southern Region



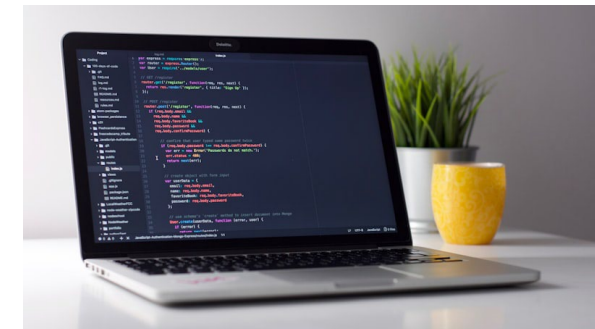
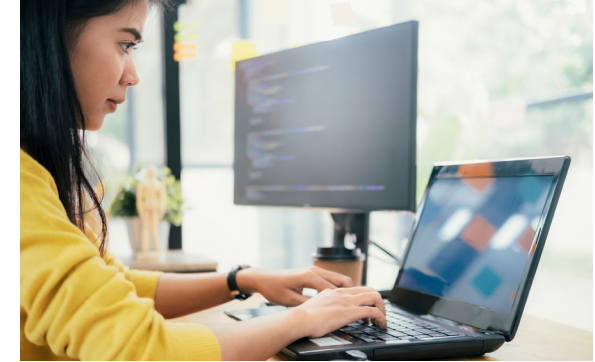
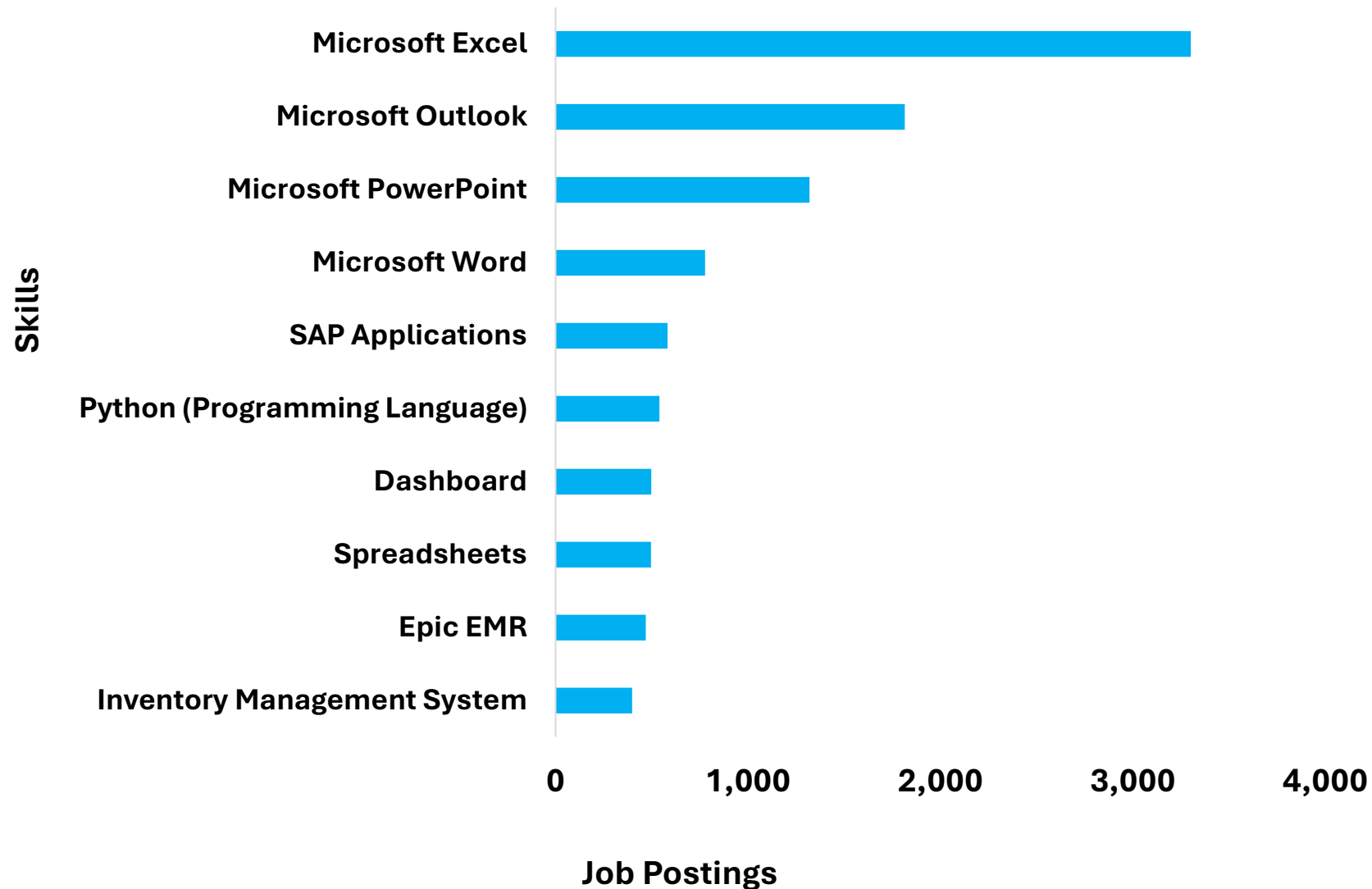
Registered nurses, retail salespersons and truck drivers had the most job postings in the Southern Region



Lifting ability, merchandising and nursing were the most sought-after skills in the Southern Region



Microsoft Office Suite and programming languages are the most requested software skills in the Southern Region



Top 10 Employers by Job Postings: Southern Region

- Cooper University Health Care
- CVS Health
- Virtua Health
- TD Bank
- Inspira Health Network
- Atlanticare Regional Medical Center
- Allied Universal
- L3Harris Technologies
- Walmart
- BAYADA Home Health Care



Real Time Job Posting Data

- This analysis is conducted using Lightcast data, which collects data from job postings listed on the internet.
- Data layered together across 2.5 billion job postings, 400 million career profiles, and 100+ government sources, scraped daily from online labor exchanges.
- Job posting data updated continuously, historically available, and regionally relevant.

Source: Lightcast Technologies, New Jersey 2026

Prepared by: New Jersey Department of Labor and Workforce Development, October 2026

Limitations of the Data

Limitations:

- A posting does not necessarily equal a job
- Some occupations and industries are underrepresented, some may be over-represented
- While Lightcast uses algorithms to remove duplicate listings, some redundancies remain

2026 Report Overview and Subscription Information

This report was prepared by the Office of Research and Information, Division of Economic & Demographic Research. This division collects and disseminates vital data on employers, employees, and population demographics.

2025-2026 NJDOL PUBLICATIONS

- [Opportunity Occupations](#) (June 2026)
- [Labor Market Spotlight - Celebrating New Jersey's Asian American, Native Hawaiian, and Pacific Islander Residents](#) (Issue No. 34, Volume 4: May 2026)
- [Labor Market Spotlight - Summer Spotlight on the Jersey Shore](#) (Issue No. 33, Volume 4: May 2026)
- [Labor Market Spotlight - New Jersey's Young Adult Workforce](#) (Issue No. 32, Volume 4: April 2026)
- [Real-Time Insights: Analysis of Job Posting Data in New Jersey for Q1 2026](#) (April 2026)
- [Survey of Occupational Injuries and Illnesses \(SOII\)](#) (April 2026)
- [Labor Market Spotlight - Celebrating the Accomplishments of Women](#) (Issue No. 31, Volume 4: March 2026)
- [Labor Market Spotlight - Celebrating Black History Month: A Profile of New Jersey's Black or African American Residents](#) (Issue No. 30, Volume 4: February 2026)
- [County Brief: Labor Market Facts](#)
- [Middlesex County Reports](#) (February 2026)
- [NJ Fortune 500 Companies Landscape](#) (January 2026)
- [New Jersey's Construction Sector](#) (Winter 2026)
- [New Jersey's Leisure and Hospitality Sector](#) (Winter 2026)
- [New Jersey's Retail Trade Sector](#) (Winter 2026)
- [New Jersey's Technology Sector](#) (Winter 2026)
- [New Jersey's Transportation, Distribution, & Logistics \(TDL\) Sector](#) (Winter 2026)
- [Identifying and Tracking Emerging Occupations in New Jersey's Key Sectors](#) (January 2026)
- [New Jersey's Manufacturing Sector](#) (Winter 2025)
- [County Brief: Labor Market Facts](#) (December 2025)
- [New Jersey Building Permits](#) (December 2025)
- [Labor Market Spotlight - Postsecondary Instructors Vs. Related Occupations: How Do They Compare?](#) (Issue No. 29, Volume 3: December 2025)
- [Job Openings and Labor Turnover Survey \(JOLTS\)](#) (November 2025)
- [Labor Market Spotlight - Celebrating New Jersey's Veterans](#) (Issue No. 28, Volume 3: November 2025)
- [Labor Market Spotlight - New Jersey's Waterways Help Keep the Economy Flowing](#) (Issue No. 27, Volume 3: October 2025)
- [New Jersey Employment Situation](#) (September 2025)
- [New Jersey's Life Sciences Sector](#) (Fall 2025)
- [Labor Market Spotlight - The Industries Powering New Jersey's Special Moments](#) (Issue No. 26, Volume 3: August 2025)
- [New Jersey's Health Care Sector](#) (June 2025)
- [New Jersey Business Employment Dynamics](#) (May 2025)
- [Labor Market Spotlight - Fortune 500 Companies](#) (Issue No. 25, Volume 3: March 2025)



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Office of Research and Information

The New Jersey Department of Labor and Workforce Development's (NJDOLE) Office of Research and Information is the singular solution for labor market data needs, combining the power of data and marketing materials to deliver evidence-based research. Our team of local and industry specialists provide technical assistance and information that highlights key New Jersey economic points, such as employment, wages, occupation, workplace safety, and labor force data.

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